

CRESTWOOD NEWS

NEWSLETTER OF THE CRESTWOOD HOME OWNERS ASSOCIATION

ISSUE NO. 46

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JANUARY - FEBRUARY 2010

Committee Positions to Fall Vacant

Long Serving Members Ready to Turn **Responsibility Over to Others**

trust everyone had a good Christmas and the New Year has started well for you all. There are a few things that I want to bring to homeowners' and residents' attention.

Firstly, a reminder about the Deed of Covenant and the requirement that all bins, rubbish, recycling and garden waste, are required to be kept out of sight from the road and in your service yard.

Second, plans for the erection of sheds, patios, etc. must be submitted to the Aesthetics Committee person for Committee approval as well as the City of Gosnells.

Unwanted or broken furniture or appliances should not be left at the front of your property where it can be seen from the road unless there is a Council organised collection due within a few days. The same applies to green waste.

I have received several reports now of a couple of males loitering or sleeping in the parks and near the Hall. On February 3, I spoke to a 21 year old with a mountain bike who was sleeping in Park 23 at 6pm. The Canning Vale police are now aware of this person.

The other man is older and carries a couple of plastic bags and has a dog with him. He apparently is in the parks during the day.

If you observe either of these people and believe they are acting suspiciously please call the Police on 13 14 44 and report it.

Our Special General Meeting is coming this month to address the proposed budget for 2010/2011. Please make every effort to attend, or complete and provide a proxy form to the Secretary or Treasurer before the meeting.

Finally, some of the present Committee members have indicated their intention to not seek re-nomination at the Annual General Meeting. In each case the individuals have provided several years service to the Committee and Estate for the benefit of all of us. Please give consideration to your availability to stand for any of the positions identified as becoming vacant.

Trevor Davis, President, Crestwood Homeowners Association

A Unique Way of Life

President's Report CRESTWOOD CONTACTS REPORTS Parks & Reticulation Pool , Aesthetics Safety & Security From the Minutes NEWS Updates & Announcements **EVENTS** Santa at Crestwood Carols in the Park Christmas Eve at the Pool NOTICES Welcomes & Farewells Personal Social FEATURES Valentine's Day - Chocolates Kanyana - Volunteers Humour Summer Sun - Gardening Worst Technology Predictions **TRADES & SERVICES**

Crestwood Residents Community 15-16

DATES TO REMEMBER

COMMITTEE MEETINGS 22 February 2010 29 March 2010

SPECIAL GENERAL MEETING 17 February 2010 (see Page 8)

NEXT ISSUE

Deadline for the next Crestwood News is 2 April 2010. Please send reports, announcements, notices, ads, articles and photos to Malcolm as early as possible before this date: 24 Coronet Court crestwoodnews@iinet.net.au

CONTACTS **CRESTWOOD & COMMUNITY COMMITTEE MEMBERS** (T = Telephone - F = Fax)21 Princeton Ct/ President T: 9459 3961/0448 860 748 **Trevor Davis** trevor.davis@bigpond.com.au 110 Regency Dr/ Trevor Veen Vice President T: 9493 3021 trevor.veen@mapsurvey.com.au Secretary Sandra Wilson 105 Regency Dr/crestwood@safe-mail.net T: 9493 6622/F: 9452 1830 Rov Malone T: 9459 4364/F: 9459 4364 Treasurer 116 Regency Dr / rmalone@mford.com.au 110 Regency Dr/ **Aquatic Centre** Trevor Veen T: 9493 3021 trevor.veen@mapsurvey.com.au Parks & Reticulation [also the contact person for tree removal] Rob Wilson 14 Hume Rd / rwi55790@bigpond.net.au T: 9493 5567 Aesthetics [also the contact person for building approvals and fencing] John Rushton 20 Coronet Ct / jonjanr@iinet.net.au T: 9493 6096/F: 9493 6596 CRESTWOOD CONTACTS **Community Centre Hire** Marjan van Dijk darrencolley@iprimus.com.au T: 9459 8776 Social Club Coordinator Vacant Crestwood News Malcolm Mintz 24 Coronet Ct/crestwoodnews@iinet.net.au T: 9459 2902/F: 9459 0119 **Twenties Club** Margaret Davies 19 Regency Dr T: 9459 4115 T: 9493 2597 Playgroup Ros Norman Webmaster Rod Campbell srcampbell4@bigpond.com Groundsperson Grant Douglas Hours: 9am - 3pm / Mobile: 0417 713 213 T: 9459 5782/F: 9452 3224 Email contact: crestwoodpark@bigpond.com Pool Office T: 9459 5782/F: 9452 3224 **COMMUNITY CONTACTS City of Gosnells** Office Hours T: 9397 3000 www.gosnells.wa.gov.au After Hours T: 9357 0754 Ranger Graffiti Removal All Hours T: 9391 3222 Goodbye Graffiti Hotline T: 1800 442 255 T: 9459 2544 **Thornlie High School Canning Vale Police Station** T: 9456 9555 Life Threatening Emergencies T: 000 **Police Non-emergency** T: 131 444 **Neighbourhood Watch** T: 9493 3311 Crimestoppers T: 1800 333 000 Join e-WATCH ewatch@gosnells.wa.gov.au

WELCOME TO CRESTWOOD

Michael Bona and Ruth Watt 75 Regency Drive Frederick and Alison Rozells 12 Lachlan Road

FAREWELL AND BEST WISHES

Lynette Waugh 75 Regency Drive Neil and Marjorie Clifton 12 Lachlan Road

CRESTWOOD NEWS

Pnn

he last two months have seen Christmas and VacSwim come and go. The weather's been hot and the pool has been well used.

In the last month or so I've noticed that more and more tiles are coming away from the bottom of the toddler's pool. There have been reports from people of children picking at them to work them loose. I have also heard that, subsequently, some children are receiving cuts from the edges of the remaining tiles. We are looking at having this rectified but in the meantime can you please ensure the children refrain from attempting to remove the tiles and be cautious around the areas where they have been removed.

I have also received a report of a person slipping and falling as they have exited the toilets. We had the floors treated last year with a non-slip surface but obviously this isn't perfect, so please be careful especially when the area is wet.

We have purchased 10 new deck lounges. The aluminium ones do not seem to have the durability of the plastic type. It doesn't help that children seem to enjoy standing on these. Once again, if you see children doing so please ask them not to. Another purchase is a platform which sits in the water to aid the younger ones in swimming classes. It has not been designed as a jumping platform. This is only to be used during VacSwim classes or when granted special permission by myself.

I hope you all enjoy the remainder of the summer.

Regards, Trevor Veen, Committee Member for the Aquatic Centre

PARKS AND RETICULATION / AESTHETICS / POOL

We are now well into our reticulation season and have had several problems which I will list to give you some idea of what has happened.

Most of the time we did have water even if at a lower pressure. The first time was when Bore 3 blew a fuse in the bore cabinet. That night we had reduced pressure having to run the four small bores. This problem was fixed the next day by Northlake Electrical. The next was that Bore 5 had an electrical contactor burn out. It took two days to locate the part and replace it. Over Christmas we had Bore 1 develop a crack in the headwork pipe and we must thank the residents in Park 3 for letting us know we had a temporary lake. Due to the Christmas holidays we could not get this fixed straight away. Between Grant and myself we found a way around the problem and all now seems to be okay.

Considering all the breakdowns, we haven't lost much watering time. Most of this was picked up by reprogramming the computer to water both A & B stations on the one night. Due to this the parks did miss their normal watering. These had to be watered during the day to try to keep them going. We are aware this was done in peak power tariff times. Some things can't be avoided. It was only a short period of time before things got back to normal.

Following all this we had the Bore 4 motor give up. This was removed and a replacement motor fitted by Statewide Pumps. This took five days to complete and test. Sometimes we do have bores go out on high pressure which seems to be an ongoing problem. We are still getting the experts to try and work this one out.

Our AGM is coming up and I would like to put forward that I will not be continuing on the Committee next year due to personal reasons. This is now a good time for any resident that is interested to come forward while am still available to run through the basics of the position and what it entails. Keep in mind I will still be around to help the new committee member when required. With that I will say thank you to the existing committee members and all residents that have offered help over the past years.

Rob Wilson, Committee Member for Parks and Reticulation

cent approvals by the Committee of the Crestwood Homeowners Association.

1. [A residence on Grenadier Drive] You have submitted an application to erect a Colorbond fence on the boundary between your front garden and underpass D. Since the fence bor-

ders on an underpass and extends to the road, the Committee requires an open, see-through fence to comply with the fencing policy and to minimise graffiti.

The Committee has recently decided to recommence the improvement work on the underpasses, and has decided that the side of the underpass adjacent to your home is the one which needs the most urgent attention. We intend carrying out this work early in 2010 and have it completed by June. As this is a major undertaking which will disrupt the whole area, there is no point erecting the fence until it is complete.

In the meantime, please make a selection of fencing (i.e. open pool fencing as we discussed), to suit you and the location. Could you then submit this, along with your choice for rear fencing which you also intend to replace, to the committee for approval.

During the program of work there will be some inconvenience caused. We will endeavour to keep disruption to a minimum, but we do ask for your patience. If I can be of any further assistance contact me on 9493 6096 or 0419 961 713

John Rushton, Committee Member for Aesthetics





REPORTS

SAFETY & SECURITY

INCIDENT REPORT Incidents reported on the Crestwood Estate

Graffiti damage was reported on Regency Dr in

early January in the e-Watch report.



POLICE WATCH - Thornlie

Break-ins Berehaven Ave, Warton Rd, Finsbury Dr, Glenbrook Rd, Rushbrook Way, Spencer Rd, Whiteman St, Yale Rd; graffiti damage Finsbury Dr, Burslem Dr *(15 December)*

(No crime statistics appeared 22 December to 7 January)

Break-ins Spencer Rd, Bluegum Rd, Explorer Dr, Lyrebird Way, Marden Rd, Reed Close, Tawny Way, Wilfred Rd; motor vehicle theft d: graffiti damage Regency Dr (12 January)

Angas PI, Lyrebird Way, Yale Rd; graffiti damage Regency Dr (12 January)

Break-ins Spencer Rd, Burslem Dr (19 January)

Break-ins Corriedale PI, Explorer Dr, Forest Lakes Dr, Hampton Ct, Sage Rd, Tuart Ct, Kidman Ct; motor vehicle theft Spencer Rd, Spring Rd, *(26 January)*

Break-ins Spencer Rd (commercial), Lester Dr (3), Lorenzo St, Sutherland St, Juniper Ct, Larkspur Pl, Liata Ct, Majestic Ct, Sanderling Dr, Tritonia Rise, Turf Glen, Elvington Way; motor vehicle theft Juniper Ct (2), Hollyoak Pl, Sanderling Dr, Tritonia Rise *(2 February)*

Here are some tips to protect your property while caravanning and camping.

Camping and Caravanning

Some safety tips

Before you leave

- Check the security features on your caravan including the ID number on the chassis, vehicle identification number (VIN) and make sure you have a good quality hitch lock.
- Engrave all items of value. Free loan engravers are available from local libraries and Gosnells District Neighbourhood Watch; telephone 9493 3311.
- Keep a list of all identification numbers and the serial numbers of fixtures including microwaves, fridges and televisions.

On site

- □ When you unpack, don't leave items such as eskies (especially containing alcohol), surfboards, wet suits, fishing items, etc. lying around as these are the items that are frequently targeted.
- □ Chain bicycles to your caravan or park facilities
- Don't leave equipment in boats
- Don't leave valuables on display inside vehicles, caravans, cabins or tents.
- □ Where possible, remove your GPS from your vehicle when it is unattended
- □ Be careful where you leave mobile phones, laptop computers, cameras and handbags
- □ Report any suspicious behaviour to the park manager

When you go away from your campsite

- □ Avoid signs of 'no life'. Try to make it appear as if someone is home.
- □ Advise park manager or trusted neighbours if you plan to be away for a few days or more and leave contact details.

e-WATCH Gosnells

Graffiti What Can I Do to Help?

You can help in the following ways to help prevent or reduce the incidence of graffiti in the City of Gosnells. You can:

- Report graffiti to the City where it is on Council property or your own property. Ring **9391 3222** (all hours) or email **council@gosnells.wa.gov.au**
- Take pride in you property and remove graffiti as soon as possible after discovery.
- If you are a member of a service club or the local Neighbourhood Watch group you could promote your neighbourhood as a graffiti free area.

... Consider the possibility of graffiti attacks when building a new fence. High brick, timber and asbestos fencing are particularly vulnerable to graffiti. Consider a lower or more open style of fence and the planting of creepers or other plants such as bougainvillea along fence lines and walls that will deter graffiti.

Frequently Asked Questions

 \ldots Why remove graffiti as soon as possible? — Evidence shows that the sooner graffiti is removed from an area, the

Cruise Control on Wet or Slippery Roads

An email has been making the rounds since 2002 warning people not to use cruise control on wet or slippery roads. While some of the stories associated with the email are no doubt exaggerated, in essence there is a warning here that should be heeded.

On wet roads, particularly those with a lot of standing water, there is a possibility that the wheels will lose traction and spin out of control. This is a situation in which the driver must react quickly to regain control of the vehicle. Although cruise control can be disengaged by a tap on the brake pedal, extra reaction time is needed to do this, and such time may not be available before a driver loses control.

The webpage of the Insurance Company of British Columbia has the following tip about driving on wet roads: "The only way to stop wheels from spinning and maintain control is to immediately reduce power. An activated cruise control system applies continuous power keeping the wheels spinning. By the time you disengage to cruise control it may be too late — you may have already lost control".

The lesson here is to not use cruise control where roads may be slippery and there is presence of a lot of standing water or, in colder regions, ice.

less likely it is to recur. This works best when all graffiti is removed from a targeted area.

... If I leave graffiti on my wall won't the vandals be satisfied and leave it alone? — There is overwhelming evidence to show that graffiti attracts graffiti and if it is not to your wall or fence, that it will be to an adjoining or neighbouring property.

... What will it cost me to have graffiti removed from my property? — There is no cost to private residences as the program is a service of the City of Gosnells. Commercial properties are requested to supply paint or meet the cost of materials to remove graffiti. (Please note, the City does not remove graffiti from private assets like cars, trucks, boats, etc.)

... What about graffiti on other structures such as railway stations and power poles? — The City does not remove graffiti from State assets such as these. Any graffiti on state government property can be reported on the Goodbye Graffiti website on

http://www.goodbyegraffiti.wa.gov.au/

REWARDS: If you provide information which leads to the arrest or caution of a graffiti offender, you could be rewarded up to \$1000.00. Call the Goodbye Graffiti hotline on 1800 44 22 55.

from Safe City Anti-graffiti campaign, City of Gosnells website

November 2009

Committee Business:

Parks and Reticulation: Bores 4 and 5 may require electrical work. Although the cause of the problem is still unknown, the go-ahead has been given to secure repairs.

Some damage has been reported to the repair of the footpaths in the parks. A survey regarding the Pepper Tree is to go to residents living in the area.



Aesthetics: Roy is to check on the cost of previous limestone work for the underpasses. Underpass D requires reconstruction and this needs to be done before a resident on one side of the underpass erects a fence. This work is to be given priority so that the resident can get on with the desired work. John is to speak to the resident to discuss these plans.

Fence requests for Grenadier Drive and Regency Drive have both been approved.

Finances: A projection of costs for the parks and gardens is needed for budgeting purposes. Regarding refurbishment of the underpass murals by high school students in 2010, Sandra will be obtaining quotes on how much this will cost the estate. Money is needed to cover costs such as pressure cleaning, the undercoat and coloured paints for the mural itself.

Discussion was also held regarding power costs for the coming year. As a saving, consideration could be given to turning off the lights a little earlier each morning. A budget meeting is required in January 2010 for planning purposes.

Social: Discussion was held regarding the current hall hire costs and conditions. As a result of this, the documentation is to revised as follows.

- 1. A place is to be added to the documentation where the hirer indicates if they are a resident or tenant.
- 2. A bond is to be set at \$300.00 for homeowners and \$500.00 for tenants.
- 3. A note is to be added to stipulate that a cleaning charge (minimum \$150.00) is to be taken from the bond if the hall is not cleaned to a satisfactory standard at the end of event.
- 4. A note is to be added that no access is to be granted to the main pool area. Access is not included in the hiring contract.
- 5. A note is to be added regarding adult supervision requirements for children's parties: 1-15 children, 2 adults; 16-20 children, 3 adults; 26-35 children, 4 adults.

General Business:

Discussion was held about starting a program where residents are asked to care for Crestwood property and 'paint out' graffiti. The gardener is to be asked to attempt to deal with the graffiti himself.

December 2009

Committee Business:

Parks and Reticulation: Responses to the survey about the Pepper Tree were received. Of the 26 survey forms distributed, 12 were returned. Of those, 4 wanted the tree removed and 8 wanted retention. As a result, the tree is to be retained. A letter is go out to the homeowner who initiated the push for its removal.

The bore licence renewal application form needs to be lodged before 1 January. Trevor Davis has been given authorisation to sign the renewal document on behalf of the committee. This renewal will last for 10 years.

The computer went down with the power outage. The pumps remained operational.

Pool: More tiles are lifting from the toddler pool. There is also a problem with the pump/filter and the heating tubes are leaking.

The pool was recently closed temporarily due to a child vomiting in the water. The situation relating to this 11 year old was noted and Kate was acknowledged for her handling of the situation.

A new barbecue was purchased for the pool area.

Social: Thanks were expressed to Trevor and Clair Veen for organising the food and drinks for the Santa and Carols in the Park night and to Trevor Davis for his conspicuous presence at the same event, at times in the guise of Santa. An estimated 300 plus people were present. A letter of thanks has been sent to the Thornlie Church of Christ along with a donation.

General Business: Rod Campbell has secured a domain name for the Crestwood website. This will be crestwood.org.au. Rod will act as webmaster. The contact details that should appear on the site were discussed. The site is to be running in January for people to test. Assuming all goes according to plan, it should be made public shortly after with notification being put in the *Crestwood News*.

Visitor's Business: Two of the visitors raised the question of the rezoning of properties in the area adjacent to Crestwood after receipt of a letter from the City of Gosnells. It was indicated in discussion that the future impact of this on the Crestwood Estate was likely to be minimal. These visitors also raised a question about the effectiveness of the new gardener as they hadn't seen him actively working. The Committee indicated it was happy with the gardener's work.

Another visitor raised concerns about watering over the Christmas and New Year holidays. Reassurance was given that no resident would miss out on watering on both these occasions when the reticulation was turned off.

The amount of money proposed to be spent on the limestone retaining wall for Underpass D was raised by another visitor concerned at the expense. Justification of the proposed cost was provided, but the visitor was also invited to submit an alternative written proposal.

EVENTS

SANTA CLAUS IN THE CRESTWOOD PARKS

S anta's red sleigh drawn by reindeer was nowhere to be seen on this comfortably warm Sunday evening. Instead Crestwood was again treated to Graeme Bell's 1932 yellow Chevrolet driven by horsepower through the parks. In the rumble seat were Santa's two helpers, Jess and Shaylyn and in the front was Santa himself waving to the families as they responded to the bell and

came out to see Santa passing by.



The marquee was set up to give some shelter to Santa and his helpers as they distributed gifts to the children. But this was a strangely empty place until Santa once again rang his bell, the signal for children to come from all directions and gather to wait for their



gifts.

Santa not only had an individual gift for each of the children, but some extras that all the children received. There was a lolly bag and also a stuffed quokka carried off by the ear, or tail, or more confidently by a firm hand grasped around the torso. Some of the little ones were led slowly along by parents to accept their bounty, taking the little, uncertain steps of those who were obviously new to walking. But there were others who strode with great anticipation up to Santa and the elves, and others, somewhat older, taller and slightly embarrassed who were wondering if they had been set up by their families to walk this unforgiving gauntlet. And there was even some sadness when it was time to go with one little princess unable to hold back the tears as she

was coaxed away home for dinner, tightly clutching her evening's gifts.

As Santa was giving out the last of the gifts, the barbecue was heating up as attention moved from one marquee to another and thoughts moved from children and Christmas gifts to dinner and the awaiting sausage sizzle.



Three hundred and fifty sausages and rolls were at the ready, and if you thought that would have been enough to feed the crowds of the evening, you would have been mistaken. This had to be supplemented by an additional 80 buns and sausages, and even those sold out by the start of the carol singing. One dollar bought you a sausage and another a can of soft drink, and as you moved slowly along the queue you had the choice of grilled onions to go on your bun and sausage, and then a variety of sauces, from barbecue to mustard, tomato or chilli.

Rob Wilson was in charge of the grilling, and spent close to two hours turning the sausages to get them

cooked to perfection. Marjan took a turn grilling the onions, Natalie was in charge of readying the buns, Chloe and Jen presented the cool drinks and collected the money, and Christie, Dan and the two Trevors helped by providing relief whenever it was needed.

There were many people to thank for this successful evening. Edna Moore for putting together the lolly bags, Terri Miller for organising the buns, Trevor Veen for the organisation, and Trevor Davis for once again donning his Santa suit.

Text by the Editor; photographs from Trevor Veen



CAROLS IN THE PARK

EVENTS



well-This was a very attended evening with Crestwood residents, complemented by visitors from the Thornlie Church of Christ, estimated at between 300 to 350 people. The crowd arranged itself in graded semi-circles in front of the choir and band. Their attire ranged from swimming gear, for, indeed many had just come from the pool, to more casual wear with a hand-carried a jumper just in case the evening turned cool. There were those seated on

mats or rugs, those on an array of portable chairs, and even those choosing to stand as they kept an eye on their little ones who were having a wonderful time

running in an out with their friends in the rising darkness.

The children formed a counterpoint to the singing, for many were more interested kicking around soccer balls, throwing tennis balls, or feigning attacks with their fully lighted Star Wars sabres. There was a lot of movement, some of it traced by the batterypowered candles that we all had acquired to wave as part of the evening's entertainment. Not too many adults, however, chose to throw candles at their friends, although this was not always the case with the children. There was even a little girl wending her way in and out of the crowd, stopping to touch individual listeners with her candle, hissing at the same time in imitation of a real candle being stubbed out against a cool, wet surface. The candles became brighter as the darkness came to dominate after 7:30 and the hanging Christmas lights and lights of the pool also became more noticeable.

The choir started off the singing with Angles we have heard on high, and then continued on with Hark the herald angels sing, O come all ye faithful and Away in a manger. Following this it was the turn of the Sunday school kids to come up to mime a rap version of Glory to God in the highest. The singing then continued with Rudolph the red-nosed reindeer and a cha-cha-cha version of Mary's boy child. The audience was encouraged to join in the singing and did so, following the lyrics in their programme booklets, or singing the songs they well remembered from all their Christmases past.

And then it was time again for the Twelve days of Crestwood, that traditional favourite that has yet to do its subject proud. There have been any number of attempts in the past, those featuring all male singers, mixed male and female singers, and this year it was an all female affair. It was not easy being plucked from the audience to stand in front of a crowd of almost 350 people, and shyness or embarrassment did eventually overcome some of singers. But it was a valiant and noble attempt, aided by the choir in the background helping to smooth over some of the rougher spots.

There were more songs which followed, and when it came time for the sermon, the children gathered around the pastor and listened intently to one of the stores involving the birth of Christ.

The evening drew to a close with an upbeat version of Joy to the world and ended with the traditional We wish you a Merry Christmas.

For the audience, the carol singing began at 7:00 and ended at 8:30, but for the band and members of the choir



the day began during the hot hours of 12 noon with the setting up of the lighting, the instruments and instrument stands and sound system, and ended closer to midnight when all of this had to once again be removed. A big thank you to those involved for all of the work expended on behalf of Crestwood and for a very enjoyable evening.

Text by the Editor; photographs by Trevor Veen and Love Photography

JANUARY - FEBRUARY 2010

NO

Special General Meeting 17 February 2010 at the Crestwood Hall at 7:30 pm

This is the annual meeting where the budget for the coming financial year is set. A quorum of 30% of households is required (89 member households either present or by proxy). Try your best to be there as your attendance is important.

TICES	PERSONAL

The Crestwood community was saddened to hear of the death of Audrey Dalton of Regency Drive. Our deepest sympathies to her husband Ken, their children Julie, Janie and Tony and their families.

Native Birds and Bobtails



Help is available if you find injured wildlife, in particular wild birds or bobtail lizards. If you don't know how to care for these, it is best to seek assistance as soon as possible as a few hours may make a

difference to the animal's survival.

You can ring Evelyn, 9459 0612, or Louise, 9459 1627, two registered wildlife carers who live on the Crestwood Estate. You can also ring the Wildcare Helpline, 9474 9055, or



the Kanyana Wildlife Rehabilitation Centre on 9293 1416.

Someone will be available to give you advice on how to care for the animal, where to drop it off to be cared for professionally, or what arrangements can be made to have it picked up and brought to feature article on page 11)

a shelter (also see feature article on page 11).



Chocolates for Valentine's Day

White Chocolate Truffles

Makes 28

Preparation 20 minutes plus 3 hours chilling

Cooking 5 minutes

Ingredients

250 g packet dark chocolate biscuits 395 g can sweetened condensed milk 100 g milk chocolate, chopped 180 g white chocolate, chopped



Method

1. Crush biscuits in a food processor or blender until

Choc-dipped Strawberries

Makes about 12 Preparation 10 minutes Cooking 4 minutes

Ingredients

1 cup dark chocolate melts 1 cup milk chocolate melts 1 punnet strawberries

Method

net dark chocolate melts and milk chocolate melts in separate bowls, one at a time, in a microwave set on medium for 2-3 minutes. Stir after each minute until smooth.

2. Line a tray with non-stick baking paper. Dip half the strawberries in melted milk chocolate and half in dark chocolate. Place on tray to set. Drizzle the opposite colour chocolate over strawberries, allow to set and then serve.

Note: Make the same day as serving, otherwise the juice from strawberries will soften chocolate.

From: Coles Supermarket Food Magazine

CRESTWOOD NEWS

2. Heat condensed milk and milk chocolate in a small saucepan on low, stirring until chocolate had melted and mixture is smooth. Pour over biscuit crumbs and mix to combine. Chill for 10 minutes to firm slightly. Line a tray with non-stick baking

paper. . Roll tablespoons of mixture into balls. Place on a tray and chill for 2-3 hours to set.

fine crumbs form. Transfer to a large bowl.

. Melt white chocolate in a microwave on medium for 2-3 minutes, stirring after each minute until smooth. Line a wire rack with non-stick baking paper. Dip balls into white chocolate to coat. Place on a rack to set, Chill truffles in an airtight container for up to 1 week.

NOTICES

SOCIAL



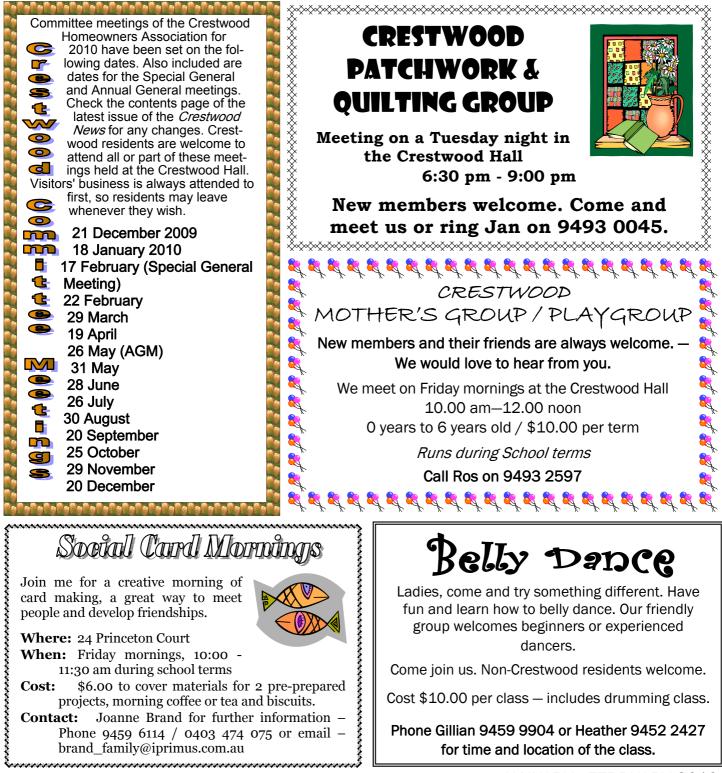
The Crestwood Hall is available for use by residents. It is ideal for large or small functions: birthday parties, morning teas, playgroups, meetings. It can be hired on a one-off or regular basis. Charges are as follows.

Daytime (to 5pm) — \$11.00/hour to a maximum of \$55.00 Night-time (to midnight) — \$22.00/hour to a maximum of \$110.00.

Up to 50 people are allowed in the Hall. Full use of the kitchen is included for both day and night functions.

Commercial (for-profit events or those charging an entry fee) — \$25.00 per hour to a maximum of \$100.00 – 8am - 5pm A \$300 bond applies to all bookings made by homeowners and \$500 to those bookings made by tenants. A minimum cleaning charge of \$150 will be taken from the bond if the hall is not cleaned to a satisfactory standard.

Hall hire does not include access to the pool area. For children's parties there is a minimum adult supervision requirement. To book or obtain further information call Marjan: 9459 8776



CHRISTMAS EVE AT THE POOL

was time again for the YMCA to bring on their challenges to the children of Crestwood. Christmas Eve would not just be a time of waiting for Santa, but also a time for fun in the pool.

Recognisable from last year and the year before was the floating obstacle course, not the all but impossible one which left kids sliding off in all directions into the pool, but the one that was a little easier to manage. Even so, the constant spray-





ing of water made sure it remained slippery and hard to reach that final goal.

But there was something new added this year that enabled the children to walk on water. This was a large, transparent plastic sphere called an Aqua Bubble that presented not only a challenge to keep upright, but also

to keep moving without succumbing to the constant, unbalancing roll presented by the instability of the water. Riding the sphere took total concentration with little time to reflect on the inevitable question, "What in the world am I doing in here!" This was the human equivalent of a hamster running on a treadmill. Once you decided you were up for a ride, you entered a deflated bubble, had it zipped closed and then pumped full of air until it was once again inflated.

We can thank Trevor Veen and the YMCA for adding a little more enjoyment to Christmas Eve for the children of Crestwood.

Text by the Editor; photos from Trevor Veen



CRESTWOOD NEWS



KANYANA WILDLIFE REHABILITATION CENTRE

The history

Kanyana is the name given to a 1.2 hectare property in Gooseberry Hill which was originally purchased by June and Lloyd Butcher in the late 1960s. The name is a word of Noongar origin which means "the place of many waters" or "gathering place" and relates to the 17 springs which are found in the area. As population pressures on the natural environment increased, June began to take in and care for a number of injured animals which had become victims of this spread.

By 1986, with admissions reaching 70 animals, the Butchers built a hospital with attached aviaries. Volunteers from the local community began to get involved in caring for the animals and by 1993 it became necessary to enlarge the existing hospital by building more aviaries. In 1996 Kanyana became an incorporated entity. The Bilby breeding program began in 1997 and this necessitated the building of additional enclosures. At this time as well volunteer numbers reached 100.

Now with admissions reaching 1600 annually and volunteers above 120, Kanyana has clearly outgrown its original site and is planning to move to a 16 hectare site on the former Girl Guides campsite in Lesmurdie called Paxwold.

The programs

Kanyana was established to treat sick and injured wildlife with the goal of returning them to the wild in the same areas from which they were rescued. While this continues as its primary aim, ably supported by a well-equipped wildlife hospital and dedicated volunteers, Kanyana has come to mean much more to the community. It engages in the breeding of endangered species, in particular bilbies. It runs outreach projects providing assistance and advice to remote mine and construction sites in WA and it runs education programs, visiting schools and also providing a place for veterinary students from the university and TAFE sectors to gain hands-on experience. Working with the university sector as well, it also engages in research looking, for example, at the upper respiratory tract infections affecting the Perth bobtail population and the virus affecting the breeding program of the western barred bandicoots.

If there is one thing Kanyana is most known for in the Perth community it is for the care of birds. The two volunteers at Kanyana who are resident in Crestwood, both work in this area. I spoke to one of them regarding her work.

The volunteer experience

Kanyana runs three shifts a day, with a morning shift from 8:30 to noon, a mid-afternoon shift and a late afternoon shift starting at 3:00. Volunteers receive on the job training and do not need previous experience to help out at the shelter. Some of the volunteers, however, do have medical training, but many do not. All volunteers sign on when they begin their shift and sign off when finished.

A worksheet comprising a daily plan and feeding list then awaits the volunteer. For volunteers who would like to work in the hospital they can choose to do the frequent feeds of stage one intensive care rehabilitation. Here the birds or mammals are kept in heated hospital boxes. Baby or juvenile birds such as the magpie or willie wagtail are fed hourly. This involves constant food preparation, feeding, cleaning and record keeping. Other species of birds have differing diet requirements and these, too, are catered for.

Kanyana also admits lots of adult and baby parrots as well al doves and lorikeets. Some of these are unable to swal-

low food on their own and, so, require tube feeding. Volunteers need to have done a tube-feeding course to qualify to feed these birds. Qualified volunteers on the morning shift have a tube-feeding list waiting for them after the sign in. These birds need to be fed three to four times a day and volunteers of the morning shift give the equivalent of their breakfast and lunch. The parrots and doves are fed a handrearing mix and the lorikeets are given a lori mix. The food is given through a syringe attached to a tube. Every bird is weighed before it is fed, and this determines how much food is given.

Some volunteers like working outside. It they wish to work with birds they may choose to work in the breezeway aviaries. Birds that have recovered and are self-feeding go first into a large cage and then into an extended aviary where they can fly and build up their flight muscles. This is a prerelease stage as they must be very fit to be released back into the wild.

What happens when you bring a bird to the shelter?

When a bird is brought to the shelter, the admission is recorded and a particular number is assigned. It is then assessed. Birds go into a darkened, heated hospital box to give them time to de-stress and warm up. When about an hour has passed, electrolyte fluids are given by injection or by mouth (tubing) if the bird is not drinking on its own. This process of warmth, rest and rehydration allows the bird to recover. This can take anywhere from a few hours to two to three days. For severely sick or injured birds, euthanasia may be the only option. You, as the person who brought the bird into Kanyana, can get a progress report by calling the centre and quoting the admission number.

Why are animals brought into the shelter?

Birds are brought into the shelter for any number of reasons. Many are orphaned. This may happen if they fall from a nest or tree or if the nest is destroyed or damaged and the parents are no longer present and caring for them. Birds may also need to be relocated. This happens when their habitat is destroyed or if they have become a nuisance. The family of ducks which moved into the Crestwood pool after it opened for the season, and after the first family left, is an example where relocation had to take place.

Birds are also brought in when they are injured and this may be due to collision with a car, hitting the window of a house, being trapped in a fence or netting, or being attacked by dogs or cats or other birds. Cats inflict puncture wounds which are not noticeable on birds. A cat attack is serious and birds should always be given pain relief and a course of antibiotics. Dogs inflict noticeable puncture wounds on bobtails. This, again, is serious and must be treated urgently with pain relief and antibiotics.

Many good-hearted rescuers with the best of intentions

often keep an injured bird or animal for a number of hours or days. This is not the best course of action. By bringing the bird or animal to a vet or other centre of professional care it will be given the appropriate treatment which will greatly enhance its prospect of survival.



Text by the **E**ditor; information from Evelyn, one of the Kanyana volunteers on the Estate, the Kanyana website (www.kanyanawildlife.org.au) and various brochures Also see the announcement on page 8.

Memory Class

An elderly couple had been experiencing memory loss, so they decided to take a power memory class where they would be taught to remember things by association.

A few days after the class, the old man was outside talking with a neighbour about how much the class had helped him.

"What was the name of the instructor?" the neighbour asked.

"Oh, ummmm, let's see," the old man thought. "You know that flower, the one smells really nice but has those prickly thorns? What's that flower's name?"

"Is it a rose?" answered the neighbour.

"Yes, that's it!" replied the old man. He then turned toward his house and shouted, "Hey, Rose, what's the name of the instructor we took the memory class from?"

A Talking Centipede

A guy goes into a pet store to buy an unusual pet and walks out with a centipede in a white box. Once he gets it home, he decides to take the centipede to his local pub and show it to his drinking buddies. He taps on the box and says, "Would you like to go to McGuire's with me and have a beer?"

There is no answer from the centipede. The guy waits a few minutes and says again, "How about you and me going to a pub?" Still there is no answer. Thinking the centipede can't hear him, he goes right up to the box and yells, "Hey. would you like to go to McGuire's pub and have a drink?"

A little voice comes out of the box, "I heard you the first time. I'm putting on my shoes!"

Chat-up Lines

- 1. "Do you believe in love at first sight, or should I walk by again?"
- 2. "If I could rearrange the alphabet, I'd put U and I together."
- 3. "I seem to have lost my phone number. Can I have yours?"
- "Inheriting fifty million dollars doesn't mean much when you have a weak heart."
- 5. "Hi, I suffer from amnesia. Do I come here often?."

Chat-up Lines and Put Downs

- 1. Man: "Haven't I seen you somewhere before?" Woman: "Yeah, that's why I don't go there anymore."
- "I'd go to the end of the world for you" "Yeah, but would you stay there?"
- 3. "Your place or mine?" Both, you go to your place and I'll go to mine."
- 4. "I'd go through anything for you." "Good, let's start with your bank account."
- 5. "I want to give myself to you." "Sorry, I don't accept cheap gifts."

Psychiatry

- When the new patient settled comfortably on the couch, the psychiatrist said, "Since this is our first session, perhaps you should start at the very beginning." "Of course," replied the patient. "In the beginning I created the heavens and the earth."
- 2. A man walks into a psychiatrist's office dressed in a tutu, a diving mask and flippers. "Doctor," he says, "I'm worried about my brother."
- 3. Once settled on the psychiatrist's couch, a man says desperately, "Doctor, you have got to help me. I keep thinking I am a goat." "How long have you had these delusions?" asked the doctor. "Ever since I was a kid."
- 4. "My brother thinks he's a chicken. We don't talk him out of it because we need the eggs." (Grocho Marx)
- 5. "Did you hear about the paranoid man with low self-esteem? He thought no one important was out to get him."

Humour

Marriage

1. A young son asked his father, "Is it true, dad, that in some parts of Africa a man doesn't know his wife until he marries her?"

"That happens in most countries son," the father replies.

2. A little boy attending a wedding for the first time looks at his mother and asks, "Why does the bride wear white?"

His mother replies, "The bride is in white because she's happy and this is the happiest day of her life".

The boy thinks about this and then says, "Then why is the groom wearing black?"

3. It was their fifth anniversary and AI and Alice had just returned from the movies. Alice was feeling romantic and asked, "Will you still love me when my hair has turned to silver? she asked".

"Why not?" answered Al. "Didn't I love you through the other shades?"

4. After she woke up, a woman said to her husband, "I just dreamed that you gave me a pearl necklace for Valentine's day. What do you think that means?"

"You'll know tonight," the husband answered.

That evening the man came home with a small package and gave it to his wife. Delighted, she opened it only to find a book entitled *The Meaning of Dreams*.

5. A young man finds the woman of his dreams and asks her to marry him. He tells his mother he wants her to meet his fiancée but he wants to make a bit of a game out of it. He says he'll bring the girl over with two other women and see if his mother can guess which is the one he wants to marry. His mother agrees to the game.

That night he shows up at his mother's house with three beautiful young ladies. They all sit down on the couch and everyone has a wonderful evening talking and getting to know each other.

At the end of the evening the young man asks his mother, "Ok, which one is the woman I want to marry?"

Without any hesitation at all his mother replies, "The one in the middle".

The young man is astounded. "How in the world did you figure it out?" he asked

"It was easy," the mother answered. "I don't like her."

GOLF

- A man finishes a terrible round of golf. He turns to his caddy and says, "I've never played that badly before." "Really," replies the caddy. "So you've played before, have you?"
- A golfer says to his caddy, "So, do you think my game is improving?" "Certainly," replies the caddy. "You miss the ball much closer now."
- 3. A golfer is being given a lesson by a pro but on his first swing he hits the ball in the path of a bus. The ball smashes the windscreen of the bus and knocks out the driver. The bus hurtles off the road into a reservoir and disappears in a mass of bubbles. "Oh God, what am I going to do?" says the golfer. The pro replies, "Well, I'd loosen your grip and keep your back straighter."

GARDENING

What does one do in the garden during this incessant heat, when the sun is pelting down with such intensity that even the birds dare not flap about. Even the most durable of plants cling onto life by a thread unless relieved by a canopy of welcome shade. I look down at the soil in my sad vegetable garden and see that it's already turning into water-resistant sand only six months after digging in compost, manure, pea straw and blood and bone. So, what to do with this sun? Avoid it? Yes, I do a lot of that, but surely it has some culinary uses.

Then a glimmer of hope came when I found myself gazing at a box of tomatoes that were on special at the vegie shop. It slowly dawned on me that all these luscious tomatoes might make a decent batch of sun-dried tomatoes! I bought them forthwith and scurried outdoors with them with a renewed zest for living in this heat. It didn't bother me in the least that I had not a clue how to make sun-dried tomatoes.

The first thing to do to was to get on the internet and scour the websites on 'How to sun-dry tomatoes'. I came across many ideas, most of which used the oven for hours on low heat. This is what I did not want so kept on with the search till I found one that showed how the Italians do it in Puglia, a very hot region of southern Italy. They used Roma tomatoes because the shape is perfect for cutting lengthways. It doesn't, however, matter what shape of tomato you use. All you do is lay them out on trays in the sun for a few days, with a sprinkling of salt to help extract the moisture.

So I set to work to find something I could use. I found a square piece of untreated wood and set it up on a couple of trestles in the hottest part of the garden which was round the side of the house, a real sun trap and a place I mostly avoided at all costs. I sliced up the tomatoes, lengthways, placed them all facing up, sprinkled them with salt, threw over a net to keep off the flies and let the sun do it's work. It was very exciting to go out the next day to find them shrivelling up nicely. The Italian women would leave them out for up to five days but mine were ready in two and a half. In fact some were so sun-dried that they looked like fossils stuck to the

wood. I then put them in clean jars, poured olive oil on them and placed pieces of rosemary, garlic and basil throughout. It looked so colourful. It was very satisfying to see them all lined up.

Here is a sun-dried to m a to recipe you can try.







Submitted by Rowena de Gruchy

Aubergine and Sun-dried Tomato Pasta Medley

Ingredients:

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- ... one aubergine cut into cubes
- ... one small zucchini sliced
 - ... onion
 - ... garlic
 - ... mushrooms
 - ... you can add capsicum if you have any
 - ... about 100gm of your sun-dried tomatoes
 - ... tomato puree, half a bottle or one can
 - ... pasta of choice, cooked
 - ... Ricotta or any other soft white cheese (not cottage cheese)

Method:

- 1. Gently cook all ingredients except for sun dried tomatoes and cheese. Add salt and pepper and chilli flakes to taste.
- 2. When vegetables are tender, add the tomato puree and cheese. (I didn't have ricotta so I used cream cheese and then added a splosh of cream. For added decadence, you can use mascarpone cheese). Gently cook until the cheese melts into the sauce.
- 3. Add basil and oregano, from the garden if possible, to taste. Add the cooked pasta to absorb all the flavours. Serve with finely grated Parmesan or Romano cheese.

You can use any kind of pasta you like. Last night I used spaghetti and it was delicious. That's it. Simple. As you can see, I don't always measure my ingredients and what I use depends on what lies hiding in the quiet corners of the fridge. The sauce to this dish also can be used for a very nice seafood marinara.

Enjoy your summer and your very own sun-dried tomatoes.



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Don Russell Performing Arts Centre

The Don Russell Performing Arts Centre is a professional theatre located next to the Forest Lakes Shopping Centre on Murdoch Road in Thornlie. A number of professional shows are presented throughout their season.

The Centre will host *Rose*, presented by the Perth Theatre Company on Saturday, 20 February, *Crescendo The Show* on Friday, 26 March, *Zulya and the Children of the Underground* on Thursday, 22 April and *Michelle Nicolle Quartet* on Saturday 8 May. All shows are at 8pm.

For more information and booking you can go to the Gosnells website, *www.gosnells.wa.gov.au*, you can call, 9493 4577 between 9am and 5pm, or you can visit the box office between 9am and 5pm, Monday to Friday.



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If you would like to advertise in the *Crestwood News*, phone the editor, 9459 2902, or email <u>crestwoodnews@iinet.net.au</u> to discuss submission of your ad. You will be invoiced for the full amount after your ad first appears in the newsletter.

The Worst Technology Predictions of the Past 150 Years

- 1. "The Americans have need of the telephone, but we do not. We have plenty of messenger boys." *William Preece, chief engineer at the British Post Office, 1878.*
- 2. "Who the hell wants to hear actors talk." H. M. Warner, Warners Bros, 1927.
- 3. "I think there is a world market for maybe five computers." *Thomas Watson, chairman of IBM, 1943.*
- "Television won't be able to hold onto any market it captures after the first six months. People will soon get tired of staring at a plywood box every night. " *Daryl Zanuck*, 20th Century Fox, 1946.

Hobbies

Do you have a hobby you would like to share with others? The *Crestwood News* would like to run a series of articles on the hobbies of residents in the Crestwood community. A short article describing the hobby, how you got involved in it and why you enjoy doing it, and sharing one or two interesting or amusing incidents which occurred when carrying out the hobby would be perfect — such as gluing yourself to a model airplane, ending up with a narrow vase in pottery when you set out to make a low-lipped cup, or winning a particular award or gaining special recognition. You can write the article yourself, or meet with the editor who will be happy to write the article using your input.

TECHNOLOGY PREDICTIONS

FEATURES

- 5. "The world potential market for copying machines is 5000 at most." *IBM executives to the eventual founders of Xerox, 1959.*
- 6. "There is no reason anyone would want a computer in their home." Ken Olsen, founder of mainframe producer Digital Equipment Corporation, 1977.
- 7. "No one will need more than 637Kb of memory for a personal computer. That ought to be enough for anybody." *Bill Gates, Microsoft, 1981.*
- 8. "Next Christmas the iPod will be dead, finished, gone, kaput." *Alan Sugar, British entrepreneur, 2005.*
- L. Gordon Crovitz in *The Wall Street Journal* as reproduced in the *Weekend Australian*, January 9-10

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