



INCORPORATED IN 1970

# CRESTWOOD NEWS

NEWSLETTER OF THE CRESTWOOD HOME OWNERS ASSOCIATION

ISSUE NO. 37

JULY - AUGUST 2008

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## NEXT ISSUE

Deadline for the next **Crestwood News** is **3 October 2008**. Please send reports, announcements, notices, ads, articles and photos to Malcolm as early as possible before this date: 24 Coronet Court

crestwoodnews@inet.net.au

## President's Report

Firstly, on behalf of the all Crestwood Home Owners I would like acknowledge the contribution Dave Russell made with his involvement as a Committee Person and President of the Management Committee over a number of years. Dave and his wife have decided to move from the Estate and, as I understand it, will be splitting their time between Perth and France. We wish them well with this new chapter of their lives.

Well, winter certainly has arrived with some extremely heavy rain and storms with high winds. The rain is beneficial for all of us and long overdue, with more to come from all accounts of weather forecasts. Fortunately, though, the Estate has not suffered any serious damage from some of the extreme winds we have had.

In recent months there seems to have been an increase in graffiti around the Estate. I would ask that if you see any graffiti please advise Taffy so it can be reported to the police and removal organized through the City of Gosnells. A couple of months ago some teenagers were apprehended for some graffiti but it seems to have started again. If you witness anyone actually doing graffiti please report it to the police on 13 14 44 immediately.

Now with regard to our gardener, Taffy, and the consequences of her injury. The doctors have determined that she will be unable to resume pre-injury full time duties as a gardener. So the Committee has advertised over the past two weeks for a full time gardener. Taffy drafted the advert and re-drafted the job description for the position.

In comparison to our previous advertisements these recent ones have been an unqualified success in respect to the number of people expressing an interest and asking for copies of the job description; over 25 so far. A number of those appear to have the knowledge, skills and experience we are looking for.

Taffy will be remaining with us in a part-time capacity while she considers her options and to provide invaluable knowledge about the estate to the new gardener.

Trevor Davis

## "A Unique Way of Life"

**COMMITTEE MEMBERS**

(T = Telephone - F = Fax)

<b>President</b>	Trevor Davis	21 Princeton Ct/trevor.davis@bigpond.com.au	T: 9459 3961/0448 860 748
<b>Vice President</b>	Trevor Veen	110 Regency Dr/trevor@mapsurvey.com.au	
<b>Secretary</b>	Sandra Wilson	105 Regency Dr/crestwood@safe-mail.net	T: 9493 6622/F: 9493 6622
<b>Treasurer</b>	Roy Malone	116 Regency Dr / rmalone@mford.com.au	T: 9459 4364/F: 9459 4364
<b>Aquatic Centre</b>	Trevor Veen	110 Regency Dr/trevor@mapsurvey.com.au	
<b>Parks &amp; Reticulation</b>	Rob Wilson	14 Hume Rd	T: 9493 5567
<b>Aesthetics</b>	John Rushton	20 Coronet Ct / jonjanr@iinet.net.au	T: 9493 6096/F: 9493 6596

**CRESTWOOD CONTACTS**

<b>Community Centre Hire</b>	Marjan van Dijk	darrencolley@iprimus.com.au	T: 9459 8776
<b>Social Club Coordinator</b>	Sue Galpin	galpin00@hotmail.com	T: 9459 6859
<b>Crestwood News</b>	Malcolm Mintz	24 Coronet Ct/crestwoodnews@iinet.net.au	T: 9459 2902/F: 9459 0119
<b>Webmaster</b>	Rod Campbell	srcampbell4@bigpond.com	
<b>Twenties Club</b>	Margaret Davies	19 Regency Dr	T: 9459 4115
<b>Playgroup</b>	Marjan van Dijk	darrencolley@iprimus.com.au	T: 9459 8776
<b>Groundsperson</b>	Taffy Ray	Hours: 7am - 3pm / Mobile: 0417 989 326	T: 9459 5782
<b>Pool</b>	Office		T: 9459 5782

**COMMUNITY CONTACTS**

<b>City of Gosnells</b>	Office Hours	T: 9391 3222
<b>Ranger</b>	After Hours	T: 9357 0754
<b>Graffiti Removal</b>	All Hours	T: 9391 3222
<b>Thornlie High School</b>		T: 9459 2544
<b>Gosnells Police Station</b>		T: 9398 0000
<b>Police Emergency</b>		T: 000
<b>Police Non-emergency</b>		T: 131 444
<b>Home Security Audit</b>		T: 9493 3311
<b>Crimestoppers</b>		T: 1800 333 000

**Backgrounds**

The *Crestwood News* is interested in running a series of articles focusing on the variety backgrounds represented by families in Crestwood. Are you an recent or long-time immigrant? Are you the descendant of a family resident in WA for many generations? Do you come from interstate? Do you have an interesting story to tell about growing up, about your retirement? Do you have a particularly interesting or rewarding job? First names only are fine, and we don't need to indentify you by home address.

**Are you a volunteer?**

The Crestwood News would like to do a series of articles on people in the Crestwood Community who do voluntary work. You may volunteer in a hospital or nursing home, in a primary or secondary school; you may work on an individual basis with the young, aged or disabled, or deliver food for Meals on Wheels or similar organisation; you may help in an animal shelter, or work with native or exotic plants in Kings Park, Araluen or similar areas; or you may work with an NGO or a charitable organisation, etc. Please contact the editor to arrange for a stress-free interview for one of the coming issues in the Crestwood News.

**Anyone interested in writing a column?**

If anyone in the Crestwood community is interested in writing a column for one or more issues of the *Crestwood News* please contact the editor. The topic should be something of interest to you, as well as the wider community. There are many possibilities. This is a community newsletter, and the more people who contribute to it, the more representative it will be.

## Parks and Reticulation

Firstly, the gardeners and I would like to thank the residents who help in picking up the fallen tree branches within the parks and placing them in heaps. This really helps us clean the parks and is a huge time saver. Every little bit of help is appreciated.

The light poles in the estate have now all had numbers painted on them, so if you notice a light out could you please ring and quote the pole number. This will also help to easily identify the location of the fault.

Bore 2 has been redeveloped over the winter months. This involved removing the pump and head works. It was found that the old motor needed replacing and the head pipe work also was replaced with stainless steel. This should give us a hassle free summer.

We have also purchased a sweeper for cleaning up the honky nuts from several of our parks. This was trialled first from Armadale Mowers and found to be a quick and easy way to achieve the end result. In the last few weeks we have carted two trailer loads to the tip. It was money well spent as it has already paid for itself in not having to get in contractors every time.

Fred our casual gardener will be back on the 29<sup>th</sup> of July and then we will start to check all the park sprinklers in preparation for summer. We will also be fertilising the parks as soon as the weather starts to warm up. The parks have also been sprayed again this year for bindi and clover.

Not much more to say but we hope to have a more trouble-free summer period with the reticulation. On that note can I ask all residents to keep a check on their systems for broken sprinklers and pipes. This will help all get their share off water.

Rob Wilson

PERSONAL

NOTICES

## Congratulations

... to our secretary Sandra Wilson and her husband Ray on the birth of their daughter Esther Joy. Best wishes to them and their children, Andrew, Rebekah and James.

### FAREWELL AND BEST WISHES

David & Sharyn Russell, 87 Regency Drive  
Glen & June Tapley, 66 Grenadier Drive

### WELCOME TO CRESTWOOD

Greg Bond, 87 Regency Drive  
Derrick & Kerry Wade, 66 Grenadier Drive

## Wanted Someone to clean the Crestwood Hall

We need someone to clean the Crestwood Hall, a job that will take between 1-2 hours a week. A small remuneration will be paid. Such a job may be suitable for a student.

If you are interested, or know of someone who may be, please contact Marjan van Dijk on 9459 8776.

UPDATES & ANNOUNCEMENTS

NEWS

## 2008-2009 Home Owners' Fees

Under **Option B**, the 2<sup>nd</sup> instalment of \$388.00 is payable by **30<sup>th</sup> September 2008**. The final payment is due on 31<sup>st</sup> December.

You can pay your fees to our Treasurer, Roy Malone, 116 Regency Dr. If you have any queries, contact Roy at his home on 9459 4359 after 7pm.

## Migrating Bird Bath

It all began about four Sundays back. On looking into our back garden we found that someone had kindly donated a bird bath to us, identical to one that we already had. It must have taken some effort to get it over the fence (the gate being locked) as it is quite heavy. They put the whole thing together (upside down) and then fetched the hose to fill it (obviously nature lovers). It has stood in our garden for four weeks now (the right way up with rainwater replenishing it frequently) and then on Sunday it was visited again. The top was removed and left upside down on the grass. As we already have a few bird baths in our garden we really don't need this one.

**If you are missing a bird bath  
please ring Estelle on 9459 3696**

## Planning Ahead Christmas Eve / Carols in the Park

We will need someone to coordinate the Christmas Eve and Carols in the Park festivities for the coming season. Sue Galpin will be unable to do this as she has other commitments during this time. If anyone is interested in overseeing these arrangements, please contact Sue on 9459 6859. She will be available to help you in setting up these events.



## INCIDENT REPORT

Incidents reported on the Crestwood Estate

No incidents were reported to the *Crestwood News*. The *Comment News*, however, reported burglaries on Regency Drive on two occasions.

### POLICE WATCH - Thornlie

from the *Comment News*

Break-ins Burslem Dr (commercial), Ambassador Crt, Berehaven Ave, Cavalier Crt, Coops Ave, Discovery Dr, Glyndebourne Ave, Juan St, Mereworth Rd, Penhurst Crt, Sanderling Dr, Spencer Rd (2), Tahoe Cl, Thornlie Ave (2), Yale Rd, Matthew Way, Regency Dr; motor vehicle theft Juan St, Spencer Rd (3 June)

Break-ins Wilfred Rd (commercial), Berehaven Ave, Endeavour Crt, Kenmare Ave, Lester Dr; motor vehicle theft Wilfred Rd; graffiti damage Lyrebird Way (10 June)

Break-ins Banksia Cir, Camden Crt, Pioneer Pl; motor vehicle theft Camden Crt; graffiti damage Spencer Rd (17 June)

Break-ins Dorsett Pl, Range View Way, Spencer Rd, Probert Rd; motor vehicle theft Probert Rd (24 June)

Break-ins Martindale Ave, Wilfred Rd (both commercial), Castle Crt, Rushbrook Way, Thyme Cl; graffiti damage Lakeside Dr, Spencer Rd (2) (1 July)

Break-ins Burslem Dr, Forest Lakes Dr, Murdoch Rd, Spencer Rd (all commercial), Cameron St, Exmouth Pl, Rushbrook Way, Regency Dr; motor vehicle theft Yale Rd (8 July)

Break-ins — None reported (15 July)

Break-ins — None reported (22 July)

Break-ins Bremer Pl, Bumley St, Corriedale Pl, Dorset Pl, Dryandra Way, Osprey Way, Sanderling Dr, Shelburn Rd (2), Geographe Way (29 July)

## Staying Safe on our Trains

Perth trains are a great way to get around. They're fast, reliable, cool and comfortable, and get you where you want to go in no time at all.

Before you travel by train to your next destination, stop for a minute and think about the best ways to stay safe when using our trains. Here are some tips you can think about before your next journey:

#### If you're at a station:

- Know your station. Where are the exits? Where is the emergency button? Is there a Transit Officer booth? Knowing your station enables you to access help a lot quicker, should you need it.
- Know the train timetable so you can plan to arrive at the station without having to wait long periods for the train – especially at night.
- When you're waiting for the train, stand in well-lit areas and around other people.
- Look for our security cameras and try to stay in clear view of them. They are at every train station and are the most sophisticated in Australia. The cameras are linked to a Control Monitoring Room (CMR) which is manned 24 hours a day, seven days a week. If you're in any danger the cameras can see what's going on, and help can be sent – sometimes before you even request it.
- Remember that Transit Officers are there to help you. On trains and at railway stations, they have the same powers as WA Police (including arrest powers) and are there to keep you safe – so make sure you ask them if you need help.
- If you can't see a Transit Officer and need help, press the emergency button located on the Information machine (the one next to the ticket machine). When you press this button, you are connected to the Transit Officer Shift Commander via a phone, and the cameras on your platform will now be on you. The Shift Commander will see if you need assistance, and will send Transit Officers if necessary.
- If you do not feel comfortable pressing the button on your platform, go to the next platform and press the button there (if it is safe to do so). You can also ask someone on the next platform to press it for you if you are unable to get there.
- CMR operators can also speak to you at any time using a long range PA system. The operators can talk to you through this PA system and issue warnings to others who might be acting up or being unsafe.

#### If you're on the train:

- Sit in an area with plenty of exits – either the end of the first carriage, or the start of the second. Having plenty of exits ensures you have plenty of options should trouble arise.
- If you have an uneasy feeling about other travellers on the train, change carriages before anything happens. Move to an area with plenty of other people.
- There is a red emergency button at every door on each train. You can press this if you feel unsafe or need to speak to the train driver. Once the button is pushed, the cameras will zoom in on your location, and the driver will speak to you. The driver can then contact Train Control for assistance from Transit Officers or the Police Rail Unit.
- If you don't want to press the emergency button in front of someone who is harassing you, move to the next carriage and press it there. There may even be Transit Officers in the next carriage that can provide assistance.
- You can use your mobile to call the emergency number, located above the emergency button. You can even store it in your phone: 9220 9999. You can even pretend that you are speaking to a friend.
- During daylight hours (not recommended at night), you can also get off the train at the next station, and use the emergency button on the platform for assistance.
- If all else fails, point to someone in your carriage and ask them to press the emergency button for you.
- If you are harassed and don't tell anyone whilst you're on the train, contact the Transperth Commentline on 13 16 08 as soon as you get home. The sooner you report an incident, the more likely we are able to do something about it.

## Keeping Safe from Severe Storms

Severe storms with heavy rain, high winds and hail can strike at any time with little warning. Storms can cause substantial damage to your homes and properties which can often be prevented if homeowners and residents are prepared. Below are some simple steps to reduce the risk of damage and keep your family safe.

- Inspect your roof and gutters
- Clear gutters and downpipes
- Ensure branches are trimmed clear of your home and power-lines
- Secure and tidy your yard of loose objects, including garden sheds and furniture
- Prepare an emergency kit — torch, radio, spare batteries, first aid kit and plastic bags.

If you're home when a storm passes through, be sure to stay inside away from windows:

- close curtains or blinds
- ensure pets and animals are secure
- turn off electrical appliances
- don't use landline telephones (mobile phones are safe to use during a storm).

If caught outside, seek shelter in a vehicle or building, but don't shelter under trees. If driving during a storm, pull over and park until the storm passes. Remember to stay clear of trees, powerlines, storm water drains and streams. After the storm has passed, motorists should not drive into water of unknown depth and current.

For more information and tips to prepare for Winter storms go to [www.fesa.wa.gov.au](http://www.fesa.wa.gov.au)

**Committee Business:**

**Parks and Reticulation:** Taffy's rent is go up \$70 dollars a week. Discussions were held regarding her pay rate and the possibility of increasing it to \$20.00 an hour, backdated from her last pay day. Possible salary sacrifice benefits would also be canvassed on the effect this might have on Centrelink benefits. Taffy has further appointments with doctors regarding workers compensation issues.

Fred, the new assistant gardener, intends to be away from 21 June to 29 July, as a visa requirement.

A quote was received for work on an underpass. The work is complicated by the lack of a plan for our underpasses. The parks require spraying for bindii and clover. Rob is to get a quote from Multiturf using the chemicals we already have.

Two new tyres are required for the ute and new tubes for the quad. Bore 2 needs a new motor, something which will be an additional cost on the previous quote.

**Aesthetics:** A temporary fence is to be built at 24 Lachlan. A letter was sent out regarding the fallen tree in Grenadier Dr. The question of the trees in Princeton Court is ongoing.

**Pool:** Prices for the work required following the last pool audit have started coming in. Some of these are considerably more costly than expected. The YMCA has submitted a revised report indicating that Darren will be replaced. A motion was put to continue with the YMCA as pool managers, and this was carried.

Correspondence was received from the Department of Education and Training regarding VacSwim 2008-09.

Sandra is to prepare a letter authorising Trevor Veen to obtain plans of the pool and hall from the City of Gosnells.

**Finances:** The insurance claim on the fire damage to the bushland is ongoing.

**Visitor's Business:**

Marjan van Dijk: The Crestwood 20s board is away being updated and a second board is also to come. She also mentioned that the Hall was now being cleaned by Melanie.

Sue Galpin: Christmas in July is scheduled for the end of July (since changed to early August). An International Food Night is in the planning stages. Someone will be required to coordinate the Christmas activities as Sue will not be available.

**General Business:** Arrangements for the AGM were finalised. Some discussion was held regarding the sign on the slip road advertising a massage business in Crestwood. It was indicated that this was a Council issue.

New graffiti was noticed on the estate.

## JUNE 2008

**Committee Business:**

**Parks and Reticulation:** The replanting of underpass E is expected to cost \$600 - \$700. MultiTurf has informally requested more money to cover higher fuel costs. We will request that that extra cost be added as a fuel levy that we would expect to have removed if fuel prices were to go down.

Fred, our assistant gardener, has had to take leave to leave the country as a visa requirement. This is something which will occur each year.

**Aesthetics:** Letters were delivered to two properties regarding overhanging trees. A request was received for the removal of a large gum tree on a property on Regency Drive. Permission for the removal was given.

A cubby was identified on Regency Drive which could pose some danger due to pedestrian access to the park. A letter of concern was issued.

**Pool:** Trevor Veen was invited to join the committee as the member in charge of the pool. He generously accepted the invitation and will hold the position for another two years.

The report provided by Goreys has been validated by Western Power. The pool work which has been quoted on is to proceed. Costing for lighting is still to come.

Quotes from plumbers for the extra showers has been difficult to source. The cost could run to \$2000. Benches and hooks are to be installed in the toilets.

Work on the pump room and plumbing is to go ahead. We are, however, waiting on a plan to integrate all systems together before replacement of the pump. The final cost could reach \$25,000 - \$26,000.

Extra water testing will be needed during VacSwim. Daphne will hopefully take care of pool passes for the coming season. A new agreement was signed with the YMCA.

No plans for the hall and pool were found by the City of Gosnells. A plaque is to be placed in the hall indicating that it can accommodate up to 67 people.

**Finances:** We need to give Allianz some feedback regarding Taffy's long term prospects with us. Trevor and Rob are to chat with Taffy to ascertain what her future plans are before reporting back to the insurer.

We are still waiting for papers to come through on the bushland insurance claim.

Home loan enquires are to be directed to solicitors while Roy is away on holiday.



Watercolour is generally described as painting with water-soluble pigments on paper. Most commonly the pigments are suspended in a binder of gum arabic, a resin exuded by various African trees. The classic painting technique was perfected in England during the eighteenth and nineteenth centuries. The pigment was applied in a series of transparent washes that allowed light to be reflected from the surface of the paper through layers of colour. This technique gives watercolour its unique glow. Washes are layered to increase density and transform colour already laid down. With this method, the colours are mixed by the viewer's eye and create a unique visual characteristic.

Gouache, or body colour, is another form of watercolour. The pigments are mixed with zinc white and are opaque when applied to a surface. Alternatively, tempera involves combining the colour with casein, a milk derivative, or with egg yolk as its binder. Another form of water-soluble pigment is the synthetic-polymer paint, widely known as acrylic. Even though acrylic can typically be used like oil paint, many artists have used it in a manner that echoes the watercolour tradition.

There is one basic difference between watercolour and all other heavy painting mediums — its transparency. The white paper creates the whites. The darkest accents may be placed on the paper with the pigment as it comes out of the tube or with very little water mixed with it. Otherwise the colours are diluted with water. The more water in the wash, the more the paper affects the colours; for example, vermilion, a warm red, will gradually turn into a cool pink as it is thinned with more water.

The dry-brush technique — the use of the brush containing pigment but little water, dragged over the rough surface of the paper — creates various granular effects similar to those of crayon drawing. Whole compositions can be made in this way. This technique also may be used over dull washes to enliven them.

The watercolour tradition goes back almost to the start of human history. Primitive man used pigments mixed with water to create cave paintings by applying the paint with fingers, sticks and bones. Ancient Egyptians used water-based paints to decorate the walls of temples and tombs and created some of the first works on paper, made of papyrus. But it was in the Far and Middle East that the first watercolour schools or predominant styles emerged in the modern sense.

Chinese and Japanese masters painted on silk as well as exquisite handmade paper. The primary image was typically a contemplative landscape. This characteristic anticipated what was to be a central aspect of Western watercolour traditions in later centuries. In India and Persia, the opaque gouache paintings created by the Moslems, depicted religious incidents derived from Byzantine art.

During the Middle Ages, monks of Europe used tempera to create illuminated manuscripts. Taking many years of service to complete, the monks copied the scriptures by hand onto sheets of parchment made from sheepskin, or vellum made from calfskin. Sometimes, entire pages were decorated with elaborate scrollwork and symbolic images. Medieval artists also worked in fresco which continued throughout the Renaissance. Fresco is a method by which pigments are mixed with water and applied to wet plaster. This method was used primarily to create large wall paintings and murals.

Paper has played an

## Watercolour Creations

Watercolour Creations is a social painting group which meets each Wednesday in the peaceful

surroundings of the Crestwood Hall. The local artists who have joined this group find the hall a great place to meet as the facilities are good with heating and kitchen.

Works of art are created, friendships are made over cups of tea or coffee and the time spent is enjoyed by all who attend. At present the class is full as we can only take a certain number at a time.



Jan Stone



Ava May, Sue Ewart, Cheryle Shewan, Jan Stone, Hazel Kenny, Gwen Meney

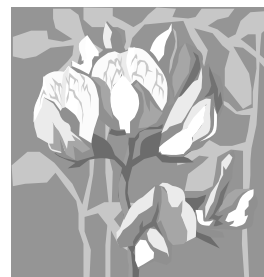
The artists do have work for sale and may do commissions if required. Prices are very competitive. The work is original and of a high standard. Paintings may be sold, framed or unframed, or block mounted. For enquiries, please telephone Ava on 9453 1380.

*Text by Ava May; photos by Barbara Morocz*

important role in the development of watercolour. China has been manufacturing paper since ancient times. The Arabs learned their secrets during the eighth century. Paper was imported to Europe until the first papermaking mills were finally established in Italy in 1276. However, high-quality paper was not produced in Britain until much later during the eighteenth century.

The technology of watercolour developments corresponded with the evolution and advancement of the British school of watercolourists. In the 1780's, a British company began producing paper made especially for watercolourists which was treated with sizing, or glazing, to prevent washes from sinking into the fibres of the paper. Early watercolourists ground their own pigments, but by the late eighteenth century the Englishman, William Reeves, was selling them in portable cakes. In 1846, Winsor & Newton introduced colours packaged in metal tubes. This growing technology encouraged many European artists to experiment with watercolours until eventually the tradition spread to America.

*Taken from A Brief History of Watercolour Painting*



## The Price of a Miracle

A little girl walked into a pharmacy clutching a glass jam jar full of coins and waited patiently for the pharmacist to pay her some attention. He ignored her so she moved her feet to make a scuffing noise. Nothing. She cleared her throat with the most disgusting sound she could muster. No good. Finally she took a twenty cent piece and banged it on the glass counter. That did it!

"And what do you want?" the pharmacist asked in an annoyed tone of voice.

"I want to talk to you about my brother," she answered. "He's really sick and I want to buy a miracle."

"I beg your pardon," asked the pharmacist.

"His name is Andrew and he has something bad growing inside his head and my daddy says only a miracle can save him now. So how much does a miracle cost?"

"We don't sell miracles, little girl."

"I have money to pay for it," she announced, planting the jar on the counter. "And if this isn't enough, I'll get the rest. Just tell me how much it costs."

I'm sorry. We just don't sell miracles."

A well-dressed man waiting at the counter bent down and asked, "What kind of miracle does your brother need?"

"I don't know," she replied, her eyes welling up with tears. "He's really sick and mummy says he needs an operation my daddy can't pay for, so I want to use my money."

"How much do you have?"

"One dollar an eleven cents," she answered, barely audible. "It's all the money I have, but I can get some more if I need to."

"What a coincidence," the man smiled. "A dollar and eleven cents is the exact price of a miracle for little brothers."

He passed his business card to the pharmacist, explained that he was taking the child home, then accepted the jar of money and took her hand. "Take me to where you live," he told her. "I want to see your brother and meet your parents."

The man was Dr. Carlton Armstrong, a surgeon specialising in neurosurgery. He performed the operation without charge and it wasn't long until Andrew was home again and doing well.

"That surgery," her mum whispered, "was a real miracle. I wonder how much it cost?"

Her daughter smiled. She knew exactly how much a miracle cost: one dollar and eleven cents. Plus the faith of a little child.

*From the Parish Newsletter of St. Paul's L'Amoreaux*

## Finger Paint

### *You Will Need:*

- 1/2 cup cornflour
- 3/4 cup cold water
- 1 envelope unflavoured gelatine
- 1/4 cup cold water
- 2 cups boiling water
- small screw-top jars
- food colouring or poster paints

### *How to Make It:*

1. Mix cornflour with 3/4 cup of water to a smooth paste in a saucepan.
2. Soak gelatine in 1/4 cup of cold water. Set aside until ready to use.
3. Pour boiling water slowly into the corn-



flour mixture, stirring as you pour.

4. Cook over medium heat, stirring constantly until mixture boils and is clear.
5. Remove from heat. Stir in gelatine.
6. Cool and divide into different jars for various colours. Stir food colouring or poster paint into each jar until well blended.

Makes about 2 1/2 cups.

### *How to Use It:*

This paint is transparent and has a strong, durable, high-gloss finish. Use it on wet or dry paper. It is excellent paint for covering boxes, scrapbooks and so on. It dries fairly quickly. If refrigerated, it will keep a few days.



# CRESTWOOD PATCHWORK & QUILTING GROUP

Meeting on a Tuesday night in the Crestwood Hall — 6:30 pm - 9:00 pm



**New members welcome. Come and meet us or ring Jan on 9493 0045.**

## FEATURES

## PHOTO TIPS

# Photo Tips

One of the most frequently occurring faults in everyday photography is blurry or out-of-focus pictures. There is a difference between the two, and I will cover the "blurry" pictures problem in the next issue of the *Crestwood News*.

## *Why are pictures out of-focus?*

**Problem 1:** In most cases the shot was taken before the camera auto-focus mechanism was engaged.

**Fix:** When taking any picture, while aiming at your subject, depress the shutter button gently to the first level. Your camera will focus (you may hear a sound, or see something in the viewfinder/screen to tell you that the lens is focused: see your camera manual). Now depress the button the rest of the way, making sure to squeeze the shutter-button gently and steadily

**Problem 2:** In the case of close-up photos, the camera distance was too close to the subject.

**Fix:** Move away from the subject until the lens can focus.

**Problem 3:** The camera cannot focus in low light.

**Fix:** Try aiming the camera at a lighter part of the subject, or where you can see more contrast in the subject.

**Problem 4:** Some areas are in focus and other areas are out-of-focus

**Fix 1:** In low light and without a powerful flash you will be restricted to a narrow field of focus, maybe less than a metre in front and behind the point of focus. In the case of people photos, ask the group to get closer to each other. This will reduce the distance (depth of the field) from the point of focus.

**Fix 2:** Using the lens at an extended setting will reduce the ability of the lens to focus at multiple distances within a single image. Try reducing the zoom, or even going wide angle.

Camera shake or subject movement will cause the picture to look as if out-of-focus as well, but it is an entirely different problem and requires different solutions, for which I will give you some handy tips next time. *Happy snapping!*



*Submitted by Paul Fanali*

# Crestwood Hall Hire

SOCIAL

NOTICES

The Crestwood Hall is available for use by residents. It is ideal for large or small functions: birthday parties, morning teas, playgroups, meetings. It can be hired on a one-off or regular basis. Charges are as follows.

**Daytime (to 5pm) — \$11.00/hour to a maximum of \$55.00**

**Night-time (to midnight) — \$22.00/hour to a maximum of \$110.00.**

Up to 50 people allowed in the Hall. Full use of the kitchen is included for both day and night functions.

**Commercial (for-profit events or those charging an entry fee) — \$25.00 per hour to a maximum of \$100.00 – 8am - 5pm**

A \$300 bond applies to all bookings. To book or obtain further information call Marjan: 9459 8776

## CRESTWOOD

### MOTHER'S GROUP / PLAYGROUP

New members are always welcome. You can also bring a friend — We would love to hear from you.

We meet on Friday mornings at the Crestwood Hall

10.00 am—12.00 noon

0 years to 6 years old

\$10.00 per term

*Runs during School terms*

Call Marjan on 9459 8776

## YOGA GROOVE

# YOGA

Yoga Groove is a unique blend of dance and yoga integrated into a one hour class. The dance combines various styles such as belly dance, African, Latin and hip-hop. The yoga includes traditional yoga postures for strength, flexibility and postural corrections, and exercises for core stability, breathing and relaxation. It is a fun-filled, dynamic class that will leave you feeling energised and balanced.



Classes meet at the Crestwood Hall on Wednesday during school terms, beginning at 7:30 pm and lasting for one hour. Cost will depend upon the numbers.

Contact Di Morris on 94528353 or 0410668264.

## Social Card Mornings

Join me for a creative morning of card making, a great way to meet people and develop friendships.

**Where:** 24 Princeton Court

**When:** Thursday and Friday mornings,  
9:30 - 11:30 am

**Cost:** \$6.00 to cover materials for 2 pre-prepared projects, morning coffee or tea and biscuits.

**Contact:** Joanne Brand for further information –  
Phone 9459 6114 / 0403 474 075 or email –  
brand\_family@primus.com.au



## Belly Dance

Ladies, come and try something different. Have fun and learn how to bellydance. Friendly group welcomes beginners or experienced dancers.

Come join us.

Monday evenings 7:30 pm in the Crestwood Hall  
(except for the fourth Monday in the month)

Cost \$10.00 per class — includes drumming class.

Non-Crestwood residents welcome.

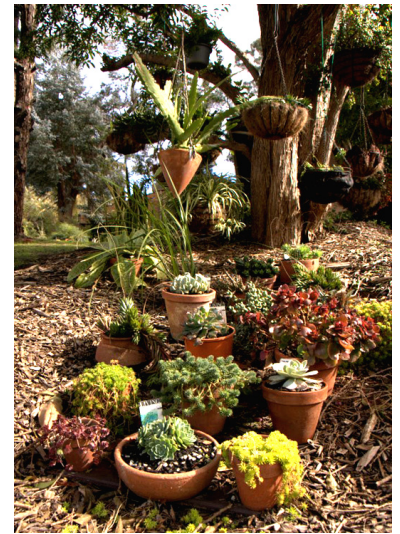
Phone Gillian 9459 9904 or Heather 9452 2427

**If** you ever feel the desire for a walk around King's Park but can't face the traffic on the way, then take a walk up Coronet Court. You'll find a gorgeous patch of native garden that will have you stopping and staring at the sheer variety and amount of native plants. And it's usually abuzz with native birds! You would think the garden has been established for many years, but that's not the case.

## A Walk in the Park

Malcolm and Rosemary have lived there for 29 years, and for most of that time two huge pine trees had grown to take over much of the space and ground of the front garden. When the need for light and space became too great, it was time the trees had to go. It took three strong men working nine hours to do the job which resulted in giving light, space and a root-free, empty garden bed. Malcolm and Rosemary wasted no time to establish their beautiful native garden and used all the newly created mulch from the pine trees. Banksias, hakeas, grevilleas, kangaroo paws, boronias and more were planted and three years later the garden looks like it's been part of the landscape from the beginning.

Malcolm took me on a tour and it was so interesting to hear all the botanical names as he spun them off with great aplomb. I was intrigued with the native flowers that were already blooming; the banksias, the grevilleas — Peaches and Cream, and the delicate Pink Midgets that seemed to float over the small wooden posts. Asked what he liked

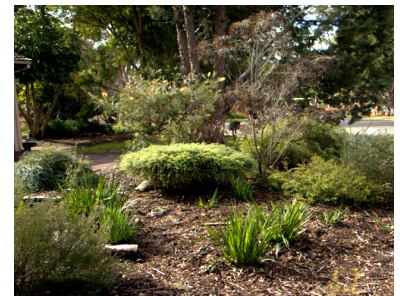


about native plants, Malcolm says that it's the incredible diversity. There are a myriad of leaf and flower shapes and colours. He says that the garden is also a real bird magnet. On spotting a rather dead looking blue leschenaultia he pointed out that native plants don't like their roots to be disturbed and this one was accidentally killed by being too enthusiastic with a garden fork when weeding.



Space has also been creatively used on the other side of the driveway. Under the large fiddlewood tree where the invasive roots might have caused a problem, Malcolm has laid

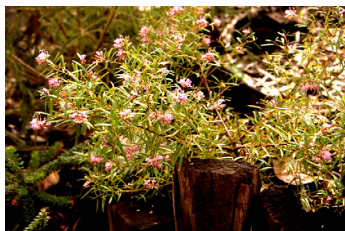
several levels of wooden platforms on which a large selection of succulents grow happily in pots. They look fabulous with the hanging baskets cascading from the branches of the tree. Just shows you what you can do with a little imagination.



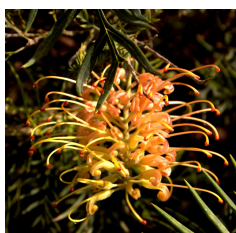
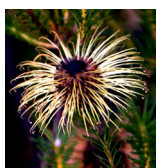
Around the back every corner is crammed full of interest. In one semi shady corner lies a bed of camellias which are doing very well. They thrive on acid soil and like a good dosing of manure. It's a good idea to keep them away from natives, however, which don't like acid soils. Malcolm uses mainly native fertilizers with the addition of sheep manure scattered liberally in the native garden.

A fine collection of banksias are to be found in pots on the back patio. Malcolm says they seem to thrive in pots but they do require a certain amount of iron in the potting mix, otherwise the leaves can turn yellow.

I was interested to learn about their worm farm. In the "working" corner beside the rotating compost bin lay a contraption that housed a four layered black interlocking container, each one in varying stages of worm casting activity. Worm castings are supposed to be the best soil improver available and good for any types of soil, and that helps plants to resist pests and diseases. It's a great way to get rid of household food scraps too. I was shown inside the different layers and was impressed at the amount of rich castings the worms had created.



Both Malcolm and Rosemary are not afraid to experiment. Rosemary had planted rose cuttings by using hormone powder and planting them in a sandy loam bed close to the house for protection and warmth. In a semi shady corner, Malcolm was experimenting with native jasmine. Using steel tent pegs and a rope to make an espalier type support, the jasmine can grow and cover the wall. He says the corner gets about an hour of full winter sun and already the jasmine is flourishing. The great thing about gardening is that is good to experiment.



Thank you Malcolm and Rosemary for sharing your inspiring and interesting garden with us. I can't wait to see it in spring! **If anyone with an interest in gardening, would like to share their garden with us, please contact Rowena de Gruchy on 9459 7736.**

*Submitted by Rowena de Gruchy*

# Kalamunda

The first European settler in the area now known as Kalamunda was a carpenter named Benjamin Mason who was granted a licence to fell timber (mostly jarrah) near Kalamunda in 1864. By 1866 Mason had constructed his own timber station and 100 men and their families were living in the area. In 1870 Mason formed a partnership with Francis Bird and it was this partnership which effectively opened up the Kalamunda area. By 1872 Mason and Bird had built their own horse drawn wooden railway line and timber was being transported from the mill the 15 kilometres to the Canning River for shipment down to the port of Fremantle. It is still possible to see the site of the original timber station on Mason's Mill Road, which runs off Canning Road at Carmel.



Benjamin Mason ca. 1852  
(Battye Library 5809B/2)

Although Mason and Bird were the first timber cutters into the area, the combination of transportation problems and competition had driven them out of business by 1882. Their property which was put up for auction in October 1882, included the mill, the railway, a manager's dwelling, 25 workmen's cottages and a 12 stall stable. The company was in such dire straits that there was not a single bid.

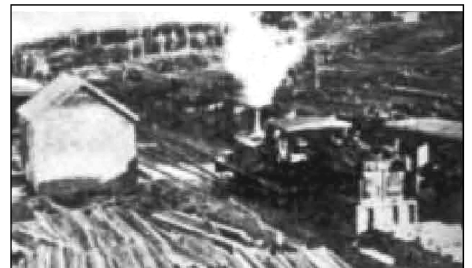
The township of Kalamunda came into existence in 1881 when Frederick and Elizabeth Stirk took up 10 acres of land and built themselves a wattle and daub cottage. Their dwelling was the first to be built in the future township of Kalamunda.

The Stirk Cottage still stands on Kalamunda Road just north of the town centre. It is a simple, vernacular, three room house which, when it was originally built, was roofed with jarrah shingles.

These shingles have been replaced with corrugated iron.



Francis Bird (Battye Library 5809/2)



Canning Mills Timber Yard 1903



Carmel School, early 1900s

Twenty years after the arrival of the Stirks (1901) the townsite of Kalamunda was approved. It was reputedly named after the local Aboriginal words *cala* meaning 'home' and *munnda* meaning 'forest' — 'a home in the forest'.

In 1891 the timber potential of the area attracted the Canning Jarrah Timber Company which took up a 100, 000 acre timber lease and built a zig zag railway between their mill and the main railway connection at Midland. So steep was the climb that the engine had to alternate between pulling the load and pushing it. The government took over the railway line in 1903 and it was run until 1949. Today there is little left of the village which grew up around the timber company, however, the old zig zag railway has been turned into a scenic drive which offers superb views over Greater Perth and the broad coastal plain.



Railway Road 1927



Kalamunda's First Hotel, 1902

In the 1920s Kalamunda, like so many cool mountain retreats around the capital cities, became a popular health resort. The Kalamunda Hotel (the second in the area) was built during this time and was famed as a resort until World War II. It is now little more than a local pub.

*Taken from the Kalamunda Website*

## ADVICE TO WOMEN — ALL ABOUT MEN

1. Don't imagine you can change a man – unless he's in nappies.
2. What do you do if your boyfriend walks out? Shut the door.
3. If they can put a man on the moon, they should be able to put them all up there.
4. Never let your man's mind wander. It's too little to be out alone.
5. Go for the younger man. You might as well. They never mature anyway.
6. Men are all the same. They just have different faces so you can tell them apart.
7. Definition of a bachelor: a man who has missed the opportunity to make some woman miserable.
8. Women don't make fools of men. Most of them are do-it-yourself types.
9. The best way to get a man to do something is suggest that he is too old for it.
10. Love is blind, but marriage is a real eye-opener.
11. If you want a committed man, look in a mental hospital.
12. The children of Israel wandered around the desert for 40 years. Even in biblical times men wouldn't ask for directions.
13. If a man asks what sort of books you are interested in, tell him *cheque books*.
14. Remember that a sense of humour does not mean that you tell him jokes, it means that you laugh at his.
15. Sadly, all men are created equal.

*Passed on to the Crestwood News by Taffy Ray*

## French Paintings Stolen

A thief in Paris planned to steal some paintings from the Louvre. After careful planning, he got past security, stole the paintings and made it safely back to his van. However, he was captured only two blocks away when his van ran out of gas. When asked how he could mastermind such a crime and then make such an obvious error, he replied:

"Monsieur, that is the reason I stole the paintings. I had no **Monet** to buy **Degas** to make the **Van Gogh**. See if you have **De Gaulle** to tell this tale to someone else. I am telling you because I figured I had nothing **Toulouse**.

## The Death of Larry Laprise

Taking a break from all of the troubles in the world today, it is worth reflecting on the death of a very important person which went almost unnoticed recently. Larry Laprise, the man who wrote the *Hokey Pokey*, died peacefully at the age of 93.

The most traumatic part of his death for the family was when they tried to get him into the coffin. They put his left leg in ... and that is when the trouble started!

## The Worst Opening Lines in a Book

1. "As a scientist, Throckmorton knew that if he were ever to break wind in the sound chamber, he would never hear the end of it."
2. "Andre, a simple peasant, had only one thing on his mind as he crept along the east wall: 'Andre creep, Andre creep, Andre creep'."
3. "Stanley looked quite bored and detached, but then penguins often do."
4. "Like a large, overripe tomato rimmed with cottage cheese, the corpulent remains of Santa Claus lay dead on the floor."
5. "Mike Hardware was the kind of private eye who didn't know the meaning of the word 'fear'; a man who could laugh in the face of danger and spit in the eye of death. In short, a moron with suicidal tendencies."
6. "The sun oozed over the horizon, shoved aside the darkness, crept along the greensward and, with sticky fingers, pushed through the castle windows revealing a pillaged princess, hand at throat, crown asunder, gaping in frenzied horror at the sated, sodden amphibian lying beside her, disbelieving the magnitude of the frogs deception and screaming madly, 'You lied!'"

## Laws that Rule our Lives

**LAW OF QUEUES:** If you change queues, the one you have left will start to move faster than the one you are in now.

**LAW OF THE TELEPHONE:** When you dial a wrong number, you never get an engaged tone.

**LAW OF MECHANICAL REPAIR:** After your hands become coated with grease, your nose will begin to itch.

**LAW OF THE WORKSHOP:** Any tool, when dropped, will roll to the least accessible corner.

**LAW OF THE ALIBI:** If you tell the boss you were late for work because you had a flat tire, the next morning you will have a flat tire.

**BATH THEOREM:** When the body is immersed in water, the telephone rings.

**LAW OF ENCOUNTERS:** The probability of meeting someone you know increases when you are with someone you don't want to be seen with.

**LAW OF THE RESULT:** When you try to prove to someone that a machine won't work, it will!

**LAW OF BIOMECHANICS:** The severity of the itch is inversely proportional to the reach.

**THEATRE RULE:** People with seats the furthest from the aisle arrive last.

**LAW OF COFFEE:** As soon as you sit down for a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.

*Passed on to the Crestwood News by Taffy Ray*

## FOUR WORMS AND A LESSON

A minister decided that a visual lesson would add emphasis to his Sunday sermon. Four worms were placed into separate jars. The first worm was placed into a container of alcohol. The second was placed into a container of cigarette smoke. The third was placed into a container of chocolate syrup and the last was placed into a container of good, clean soil.

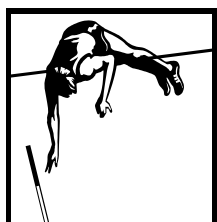
At the conclusion of the sermon, the minister reported the following results.

1. The first worm in alcohol, dead.
2. The second worm in cigarette smoke, dead.
3. The third worm in chocolate syrup, dead.
4. The first worm in good, clean soil, alive!

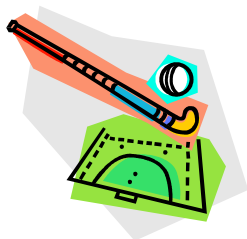
So the minister asked the congregation: "Now what can you learn from this demonstration?"

One of the children sitting at the back quickly raised her hand and said, "If you drink, smoke and eat chocolate, you won't have worms".

And that pretty much ended the service.



Page prepared  
by Rebekah and  
James Wilson



## OLYMPIC TRIVIA

**The 10km Open Water Swimming event will be an Olympic event for the first time in 2008**

The tug-of-war event was held at the Olympics from 1900 to 1920.

**Handball was first introduced at the Olympic Games at the 1936 Olympics in Berlin, in a competition for men only. It was dropped from the program after this, and not played again at the Olympics until the 1972.**

The women's handball competition was added to the program at the 1976 Summer Games.

**Fencing is one of only five sports that have been contested at every summer Olympic games since 1896. The others are: athletics, cycling, gymnastics and swimming**

## Quick Olympics Quiz

1. *How many days do the Olympics run for (opening ceremony to closing ceremony)?*

- A. 14
- B. 19
- C. 17
- D. 15

2. *How many rings are there in the Olympic Logo?*

3. *Where are the 2008 Olympics being held?*

4. *In which city are the 2012 Olympics going to be held?*

- A. Melbourne
- B. London
- C. Tokyo
- D. Washington D.C.

5. *True or False?*

Croquet is an Olympic sport?



## Did You Know?

... that fencing, trampoline, handball and judo are all a part of the Olympics.

For the first time in these coming Olympics, cycling-BMX is going to be an event in Olympic competition.



### Answers:

1. C. It runs for 17 days
2. There are 5 rings.
3. The 2008 Olympics will be held in Beijing.
4. B. London is where the next Olympics will be held.
5. False, croquet is not an Olympic sport.

**Because of the Beijing Olympics coming up soon we decided that we should make an Olympic-themed page. Also, a great party theme would be the Olympics. Dress up in different sports outfits and host a mini Olympics!**



**Visit these websites for information about the Olympics!**

[www.abcteach.com/directory/theme.units/sports/olympics/](http://www.abcteach.com/directory/theme.units/sports/olympics/)

You can print off Olympic related puzzles and activities from here.

[www.olympics.com.au/](http://www.olympics.com.au/), the Australian Olympic team website.

[www.topendsports.com/events/summer](http://www.topendsports.com/events/summer)

Fun facts, trivia and information about the Olympics.

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 Printing  
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 Handyman — Garden, household  
 Carpet Cleaning - *Chem-Dry Fresh*  
 Pool Service & Repairs — *Pools Ain't Pools*  
 Reticulation Repair and Maintenance

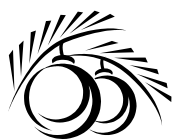
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Keith or Kim	1800 099 095/0409 292 047
Andrew	9493 6191 / 0413 170 217
Peter Marshall	0403 327 233
Daphne	9459 6014
Colin	0417 487 707
Lisa / Heather	9452 0907 / 9452 2427
Mike Upson	9493 0005
Roger Knight	9452 7648
Peter Wynen	9459 7788 / 0419 939 067
Matthew	0431 530 995
Saskia	9459 2359
Robyn Annen	9493 7434 / 041 797 2661
Tony	9459 5356 / 9459 9447

Call or email the editor to add or remove details: 9459 2902 / [crestwoodnews@iinet.net.au](mailto:crestwoodnews@iinet.net.au)

**EVENTS****CHRISTMAS IN AUGUST**

## Christmas in August

Twenty-one people celebrated Christmas in August at the Checkers Restaurant Saturday evening, 2<sup>nd</sup> August. The food was plentiful and there was enough to suit all tastes, everything from leek and potato soup, Tasmanian smoked salmon and New Zealand oysters, baked snapper fillet and roasted prime beef, to a selection of deserts, a cheese board and coffee and tea to end the meal.

There was dancing to disco music, good conversation and the chance to win big or small on the greyhounds. There were many winners, and shouts of, "I've won!" punctuated the evening. No one, however, ended the evening able to retire on their winnings.

... continued on the bottom of the next page



Kate, Jane, Gary & Marc

## You Will Be Amazed at How Fresh Your Home Smells When 'Chem-Dry Fresh' Clean Your Carpets.



Dirt and odour builds up in your carpets over time, especially if you have indoor pets. Often it's not until you have your carpets professionally cleaned that you notice how dirty and smelly they actually were.

Father and son team, Keith and Kim Morton are your local **Chem-Dry Fresh** carpet cleaners. **Chem-Dry** is a revolutionary carpet cleaning process that uses carbonation and ingredients copied from Mother Nature to make your carpets fresh and clean again.

Keith's experience includes steam cleaning carpets for 8 years in the Pilbara. With the extreme hot weather up there, there are no problems drying steam cleaned carpets. However, in Perth it's a different story. Keith realised he needed to find a superior cleaning method to use in Perth and so he bought a **Chem-Dry** franchise.

Carpets cleaned the **Chem-Dry** way are left sparkling clean and dry in 1 to 2 hours, not 1 to 2 days. The secret is the power of effervescent, carbonating cleaning solutions that are so effective that we only need to use a small amount of moisture to achieve miraculously clean carpets. The exclusive **Chem-Dry** process generates natural CO2 to produce millions of tiny effervescent bubbles which penetrates the carpet fibre, dissolves dirt and stains quickly, and acts as tiny propellants that actually lift the dirt to the surface for extraction.

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### Safe and Non-Toxic Chem-Dry Fresh

Phone: 1800 099 095 / Mobile: 0409 292 047

### Chem-Dry Fresh Offers for Residents of Crestwood

**Budget Package \$25 per room** – Great for budget conscious families where the traffic areas are the only areas requiring cleaning. No furniture is moved. Carpets are pre-vacuumed and an exclusive and unique, carbonated cleaning solution is applied to traffic areas only. Carpets are then thoroughly cleaned and all obvious stains are spot cleaned. Carpets are finally buffed and groomed and are ready to use in 1-2 hours.

**Standard Package \$36 per room** – Full quality carpet clean. All areas cleaned. Move furniture. Carpets are pre-vacuumed and an exclusive and unique, carbonated cleaning solution is applied all areas. Carpets are then thoroughly cleaned and all obvious stains are spot cleaned. Carpets are finally buffed and groomed and are ready to use in 1-2 hours.

**Protection Package \$54 per room** – For the house proud person wanting extra protection against spills and stains. Fortifies and restores stain resistance. Move furniture. Carpets are pre-vacuumed and an exclusive and unique, carbonated cleaning solution is applied to all areas. Carpets are then thoroughly cleaned and all obvious stains are spot cleaned. Carpets are finally buffed and groomed and are ready to use in 1-2 hours. Apply protectant.

*Minimum service charge applies. Lounge/Dining considered 2 rooms. Room sizes indicated are based on 13 square metres. Additional per square metre rate will apply to larger rooms.*

## R.A. Tutoring Service

Does Your Child Need Help with Homework? – I Can Help You and Your Child/Teenager with:

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Rates: Primary ~\$25/hr – Secondary ~\$35/hr  
(adjusted according to income)

*30 years teaching experience – call to discuss your problem*

*Enquiries – Robyn 94937434 / 0417972661*



Lisa and her winnings



Ian



Trevor & Betty

The evening, which began at 6:30, ended at midnight with everyone climbing on the bus for the return home, still in high spirits from the stream of wine that flowed through the evening.

A big thank you to the Panizzas for the bus hire and Lisa for help with organisation for a very successful evening.

*Text by Sue Galpin and the Editor; photos from Sue Galpin*


 ljhooker.com

## BUYING OR SELLING IN CRESTWOOD?

### *Living & Working in Crestwood*

Free Appraisal - Advice  
PETER WYNEN

a/h: 9459 8381

mob: 0419 939 067

e-mail: peter.for.homes@bigpond.com

**L.J. HOOKER**

Thornlie - 9459 7788

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¼ page: 1 issue \$ 20; 3 issues \$ 50  
⅛ page: 3 issues \$ 25

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If you would like to advertise in the *Crestwood News*, phone the editor, 9459 2902, or email [crestwoodnews@inet.net.au](mailto:crestwoodnews@inet.net.au) to discuss submission of your ad. You will be invoiced for the full amount after your ad first appears in the newsletter.

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